



Solano Behavioral Health COVID-19 WARMLINE

Call us- we are here for you!
707-784-8539

Our ACCESS team is opening the Behavioral Health COVID-19 warmline to anyone who may be experiencing stress, anxiety and/or feelings of depression, while dealing with the daily struggles and disruptions in our lives due to COVID-19. A therapist is ready to listen, offer support, suggestions, as well as referrals to appropriate mental health or substance use services.



**Available Monday – Friday
8 am-5 pm
English and Spanish
Confidential Line and Voicemail**

For more info about us, please go to
<https://www.solanocounty.com/depts/bh>

